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June 16 Arc Herkimer 5K Run Will Affect Village of Herkimer Traffic

Arc Herkimer's Heart & Sole 5K Run with wheelchair division scheduled for Saturday, June 16 will affect traffic from 8:45 a.m. to 9:45 a.m. in the Village of Herkimer. The runs start at 9 a.m. behind the agency's Business Park at 420 E. German Street in Herkimer, NY.

"We want neighbors to know that several streets will be closed while runners are participating in our run with wheelchair participants, which includes German Street from Valley Health Services to our Business Park building. Additionally, Exchange Avenue will be closed so any traffic within our Johnson Avenue run loop will be either requested to wait or exit from the Wood Lane or by Oak Ridge. Herkimer Police will be assisting us with public safety that morning. We appreciate everyone's patience," said Arc Herkimer Special Events Director Tony Vennera.

Day of event registration will be held from 7:30 a.m. to 8:30 a.m. with the run kicking off at 9 a.m. 5K runners pay \$15. There is also a free Children's Run beginning at 9:45 a.m. within the new Arc Park, located behind the Business Park.

Cash awards will be presented at a post-race ceremony for each run to the top overall male and female winners, and prizes for each age group. Additionally, there will be prizes drawn for all runners present. Refreshments will be served before and after the runs. Run event entertainment includes a live remote and music by KISSFM 105.5. The 5K run is part of the Arc Park Community Festival.

Proceeds from the Heart & Sole Awareness 5K Run will help support people with disabilities and unfunded and underfunded programs at the Arc Herkimer, such as Guardianship, Self-Advocacy, and Spirituality.

For more information regarding the race or grand opening celebration, visit www.archerkimer.org or call (315) 574-7000.

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