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Arc Herkimer to Host Workshop at Local Schools on Children with Defiant Behaviors

As a leader in Central New York in bringing renowned experts to area professionals and families, Arc Herkimer will present Celebrate Calm: Ten Ways to Stop Defiance, Disrespect, and Yelling at two local school districts in October.

Presenter Kirk Martin, Celebrate Calm founder, will give concrete, practical strategies to stop yelling, defiance, and power struggles at home. Although the workshop is geared toward strong willed children and children with special needs, his advice is applicable to many families.

Celebrate Calm will be hosted October 3, from 6:30 p.m. to 8:30 p.m., at Mt. Markham High School, 500 Fairground Road in West Winfield, NY, and October 4, from 9 a.m. to 11 a.m., at Central Valley Academy, 111 Frederick Street in Ilion, NY. The program is free and open to the public.

Martin is one of the most in-demand experts on strong-will children and children with special needs. Over 1,000 school districts, churches, foster care agencies, and multinational corporations have flown Martin across the globe. Parents leave raving about his insight.

According to Martin, strong-will children don't care about consequences, yelling or threats. What they need most is a parent who is confident, and who knows exactly what to say and do in the toughest of situations. Simply put, he understands parents and their children like no one else because for over a decade, he and his family have invited over 1,500 kids right into their home.

Martin will present strategies to get kids to listen the first time, stop defiance, disrespect, and yelling, get kids off video games/screens without a fight, and create stress free mornings, homework time, and bedtime.

To ensure that the venues fit registrants, Arc Herkimer is asking those interested to register at www.archerkimer.org under upcoming events. To register by phone, please contact Janet LaRock at (315) 574-7780 or email: jlarock@archerkimer.org.

Arc Herkimer's mission is empowering people with disabilities and enriching lives throughout the community. For more information regarding the Arc Herkimer, call (315) 574-7000.

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