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## **Arc Herkimer Self Advocates Hosting Fall Flower Sale**

Arc Herkimer's Self-Advocacy Group, People Are Beautiful, is hosting a Fall Flower Sale on Friday, September 29, from 10 a.m. to 3 p.m. at two agency sites.

A variety of Fall flowers will be available for sale at the Main Building at 350 S. Washington Street and the Gail W. Brown Center, 411 Folts Street, both in Herkimer, NY.

Proceeds benefit the Self-Advocacy program, whose representatives contribute to serve as a "voice" for people with disabilities. Thanks also to The Flower Barn in Ilion, who helps support the flower sale.

People Are Beautiful accomplishments include sharing ideas and concerns with Arc Herkimer administration and the community, communicating with local, state and national government representatives, and attending state and national conferences. The group also hosts fund raisers throughout the year so they can attend conferences. The group conducts an annual essay contest with Herkimer County 5th graders titled, "Project Respect." Students find through the essay writing process that the differences among us are not so profound at all. Additionally, Self-Advocacy classes are presented within several Arc Herkimer programs, which help to develop and promote self and group independence. Individuals are encouraged to speak out on issues and to promote equal rights.

Arc Herkimer's mission is empowering people with disabilities and enriching lives throughout our community. To learn more about Arc Herkimer, visit [www.archerkimer.org](http://www.archerkimer.org) or call (315) 574-7000.

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