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Career Connections Offers New Services for Individuals with Mental Health or Substance Abuse Disorders

Herkimer, NY—Career Connections, a division of Arc Herkimer, is offering a new service to engage, empower, and employ people with mental health or substance abuse disorders.

Adult Behavioral Health Home & Community Based Services (HCBS) help to improve an individual's quality of life by assisting in getting and keeping a job, getting into school and graduating, managing stress, and living independently.

HCBS services can also help individuals to meet their recovery goals, and are only available to individuals in a HARP plan or an HIV SNP, who are HARP-eligible. Participants must be 21 or older, be insured only by Medicaid, and be eligible for Medicaid Managed Care.

HCBS Services include Education Support that assists individuals who want to start or return to school or formal training with a goal of achieving skills necessary to find employment. This service is available in Herkimer, Oneida, and Otsego counties.

Pre-vocational Services prepare individuals for paid or unpaid employment and specifically provide learning and work experiences for individuals. Intensive Supported Employment assists recovering individuals to obtain and keep competitive employment. Ongoing Supported Employment is provided after individuals successfully obtain and become oriented to competitive employment. These services are available in Herkimer and Otsego counties.

Family Support and Training is provided at the request of an individual. This is person-centered, recovery oriented, trauma-informed approach to partnering with families and other supporters to give emotional and informational support. This service is available in Herkimer and Otsego counties.

Career Connections also offers family support and training with recovery goals to include individual and group training, support groups, family mediation, conflict resolution assistance, and family specific problem solving. Staff will also work to create a wellness action plan.

Career Connections, located at 257 N. Main Street in Herkimer, NY, is the employment division of Arc Herkimer that assists individuals to obtain meaningful employment, based on each person's interests, skills, and needs. For more information on HCBS Services, please contact Miranda Meinzer, assistant program director, at (315) 574-7885 or mmeinzer@archerkimer.org.